

Easy Cooked Playdough

Ingredients:

1/2 cup salt

1 cup plain flour

2 tablespoons cream of tartar

1 cup water

1 tablespoon oil

Food colouring



Method:

- Mix dry ingredients in a medium sized non-stick saucepan
- Stir in wet ingredients including a few drops of food colouring until well combined
- Stir over a medium heat until the dough leaves the sides of the pan and is pliable (about 3-5 mins)
- Turn on to a non-stick surface until cool enough to handle. Knead briefly to get a smooth consistency
- Add any extras like glitter or essential oil and store in an airtight plastic container when cool

This recipe will keep for many months in an airtight container

Recipe from **NMAA Cooks (the 'Red' Cookbook) by the Australian Breastfeeding Association*



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